

Exam Preparation Guide

10 Study Habits for School, Plus One/Two, KTET & SET Success — by Carbocation Academy

This free guide is for school students and competitive exam aspirants preparing for Class exams, Plus One/Plus Two Chemistry, KTET or SET. These are simple, practical habits that help students revise smarter, not just harder.

1. Study in short, focused blocks

45-50 minutes of focused study followed by a 10 minute break works better than long, tired study sessions. Turn off notifications during study blocks.

2. Make a topic-wise checklist

Break your syllabus into small topics and tick them off as you finish. Seeing progress keeps you motivated and shows exactly what is left.

3. Write, don't just read

For Chemistry especially, writing out equations, reactions and definitions by hand builds stronger memory than reading silently.

4. Revise the same day you learn it

A 10-minute same-day revision of new material cuts forgetting dramatically compared to revising only before exams.

5. Practice previous-year questions

For KTET, SET and board exams, solving previous-year and model question papers under timed conditions is one of the highest-value activities you can do.

6. Group similar concepts together

Instead of studying topics in random order, group related concepts (e.g. all reaction mechanisms, or all definitions) so your brain builds connections.

7. Teach it to someone else

Explaining a concept out loud - to a friend, family member, or even to yourself - quickly reveals what you actually understand and what needs more work.

8. Sleep before you cram

Memory consolidates during sleep. A well-rested brain retains far more than a few extra hours of late-night cramming.

9. Don't skip your weak topics

It's tempting to keep revising what you're already good at. Spend extra time specifically on the 2-3 topics you find hardest.

10. Ask doubts immediately

A small doubt left unresolved becomes a bigger gap later. Note doubts as they come up and get them cleared in your next class or session.

Need Personal Guidance?

Carbocation Academy offers School Tuition (Classes 1-10, all subjects), Plus One & Plus Two Chemistry, KTET Category II/III Physical Science and SET Chemistry & General Paper coaching, online and offline, across Kerala. Book a free demo class to see if our teaching style is the right fit for you.

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